

HumaPen[®] LUXURA[™] HD



Huma

A simple guide to using the HumaPen Luxura HD

If you need help with your Pen, call the

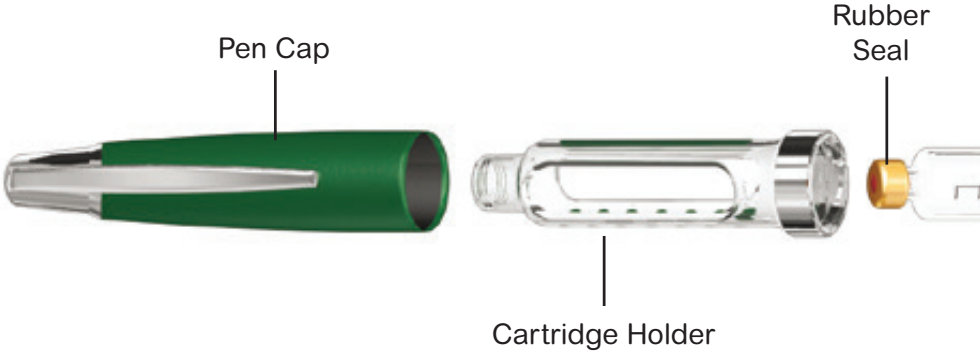
HumaPen Luxura HD Help Line: 0800 783 6764

Lilly

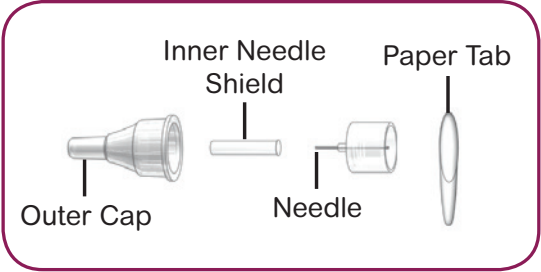
Introducing your new



Half Unit Dose Insulin Delivery Device

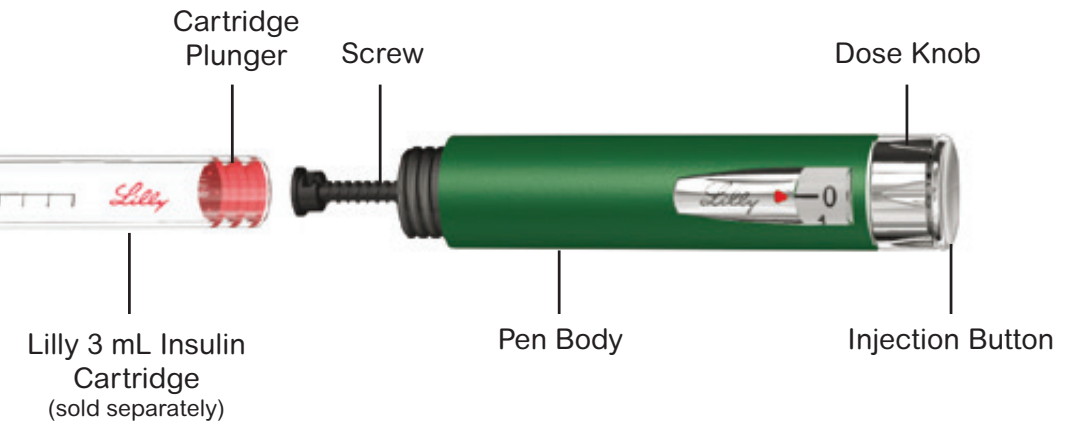


Pen needle (available separately)



The HumaPen LUXURA HD comes with a comprehensive user manual, which should be read fully before use.

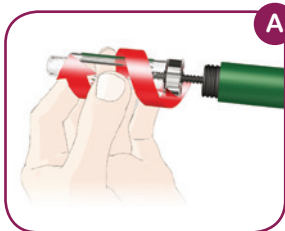
As with all healthcare devices, it is recommended that you get training from a suitable healthcare professional prior to using the Pen.



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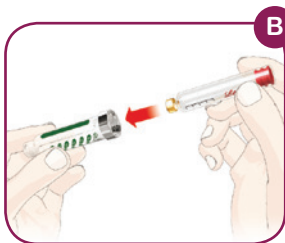
Lilly

Inserting the insulin cartridge



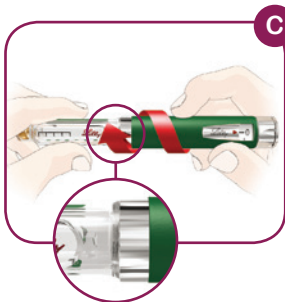
A Unscrew cartridge holder

Remove the Pen cap and unscrew the cartridge holder from the body. The screw may or may not be visible to you.



B Insert cartridge

Insert a Lilly 3 ml insulin cartridge into the cartridge holder, small end first.



C Attach cartridge holder

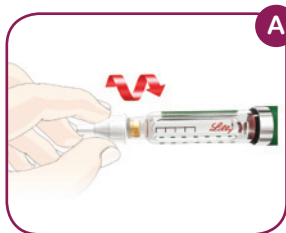
Screw the cartridge holder onto the Pen body until it is secure.

Caution: If the cartridge holder is not completely attached, the screw may not move and you may not get your full dose.



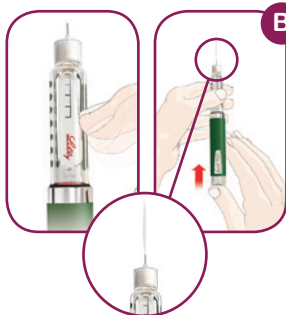
For cloudy insulin only: Roll the Pen gently 10 times and turn the Pen upside down and back up again 10 times. The insulin should look evenly mixed.

Prime the Pen (before EVERY injection)



A Attach needle

Remove the paper tab from the needle. Screw the needle **straight** onto the cartridge holder. Pull off both the outer needle cap and the inner needle shield. Save the outer cap to remove the needle after your injection.

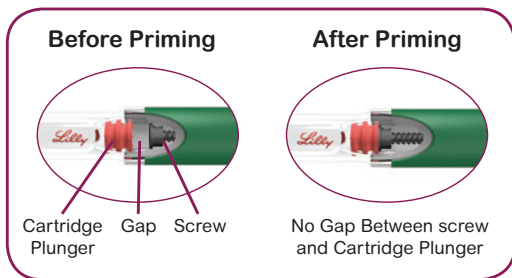


B Preparing the needle

Dial up 2 units. Point Pen upwards. Tap cartridge to collect air at the top for removal. Push injection button until dose knob stops. Look for a **stream** of insulin. When the Pen is properly primed, a **stream** of insulin will flow from the needle tip.

Caution: Several prime attempts may be needed the first time a cartridge is used, to allow the gap between the screw and cartridge plunger to close.

If no insulin flows after several attempts, the needle may be blocked. Try a new needle.



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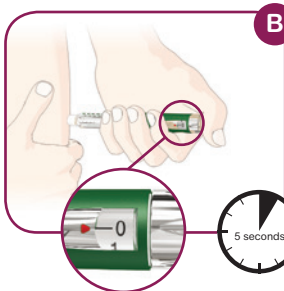
Inject the dose



A Dial your dose

Turn the dose knob to your desired dose. If you dial too many units, you can correct the dose by dialling backwards.

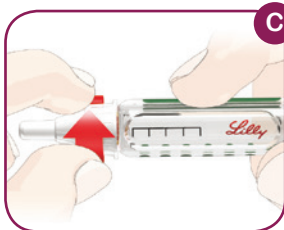
Example: 5½ units shown in the picture



B Inject your dose

Insert the needle as directed by your doctor or nurse. Place your thumb on the injection button and slowly push until the dose knob stops moving.

Hold the button in for **5 seconds**, then remove the needle from your skin. Check to make sure you see a 0 in the dose window to confirm you have received the full dose. If not, refer to the user manual that comes with your pen.



C Remove the needle

Carefully replace the outer needle cap as instructed by your doctor or nurse. Remove the capped needle by twisting it off. Throw needle away as directed by your doctor or nurse. Replace pen cap.

Note: To prevent air from entering the cartridge, do not store Pen with a needle attached.

Important notes



- The HumaPen LUXURA HD is only for use with 3ml insulin cartridges made by Lilly.
- Do not use other brands of insulin cartridge.
- HumaPen LUXURA HD is suitable for use with BD Micro-Fine pen needles.
- Use a new needle for each injection. This will ensure sterility. It will also help prevent leakage of insulin, keep out air bubbles and reduce needle blockages.
- Priming is important to make sure that you get the right amount of insulin and that there is no air in the cartridge.
- Insulin will flow as a stream when the Pen is properly primed.
- If you are unable to get a stream of insulin out of the needle, do NOT use the Pen. Try a new needle. If the problem persists, call the number below or your healthcare professional for advice.
- It is strongly recommended that you have a spare Pen available in case of loss or breakage of your Pen. You can obtain a prescription from your healthcare professional for a spare Pen.
- Do not store your Pen in a refrigerator. An 'in use' insulin cartridge can be stored in the Pen at room temperature for a maximum of 28 days.
- If your Pen becomes dirty, you may clean it with a damp cloth (do not apply any cleaning agents). Never immerse the Pen in any liquid, including water.
- Your Pen does not require lubrication. Never use any form of lubrication on your Pen (oils, grease etc) as this may damage or stiffen the mechanism of your Pen.
- Before each injection, check to see if there is enough insulin in the cartridge for your required dose.

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The discontinuation of the HumaPen Luxura in the UK will have no affect on the availability of the **HumaPen Luxura HD**.

For more information about the HumaPen Luxura discontinuation please visit **www.luxura.co.uk**

Side effects should be reported. This includes any possible side effects not listed in the package leaflet. If you experience side effects talk to your doctor or other healthcare professional. Any side effects from your medication can be reported at **<http://www.mhra.gov.uk/yellowcard>**.

Side effects and product complaints can also be reported to Lilly: please call Lilly UK on **01256 315 000**. By reporting side effects you can help provide more information on the safety of medicines.

Further information is available from

Lilly UK Answers Team
Eli Lilly and Company Limited
Lilly House
Priestley Road
Basingstoke
Hampshire RG24 9NL

Tel: (01256) 315000
www.lillydiabetes.co.uk/patients

Access code: LuxuraHD1

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