Sterol Testing Thomas Dayspring MD, FACP, FNLA

All my sterol testing is done at Health Diagnostic Labs in Richmond Virginia

www.myhdl.com

Can get absorption markers sitosterol, campesterol, cholestanol and the synthesis marker desmosterol. You will get both absolute levels and a ratio adjusted for cholesterol with each.

Other labs offering sterols:

The Boston Heart Lab

http://www.bostonheartlab.com/index.html Click on cardiac risk panels

Mayo Clinic Lab

http://mayomedicallaboratories.com/test-notifications/index.html

For the plant sterol levels (do diagnose cholesterol over-absorption or phytosterolemia)

http://www.mayomedicallaboratories.com/test-catalog-test/print.php?unit code=82079

For lathosterol (a test of cholesterol synthesis), as well as other sterols

http://www.mayomedicallaboratories.com/test-catalog/Overview/82079