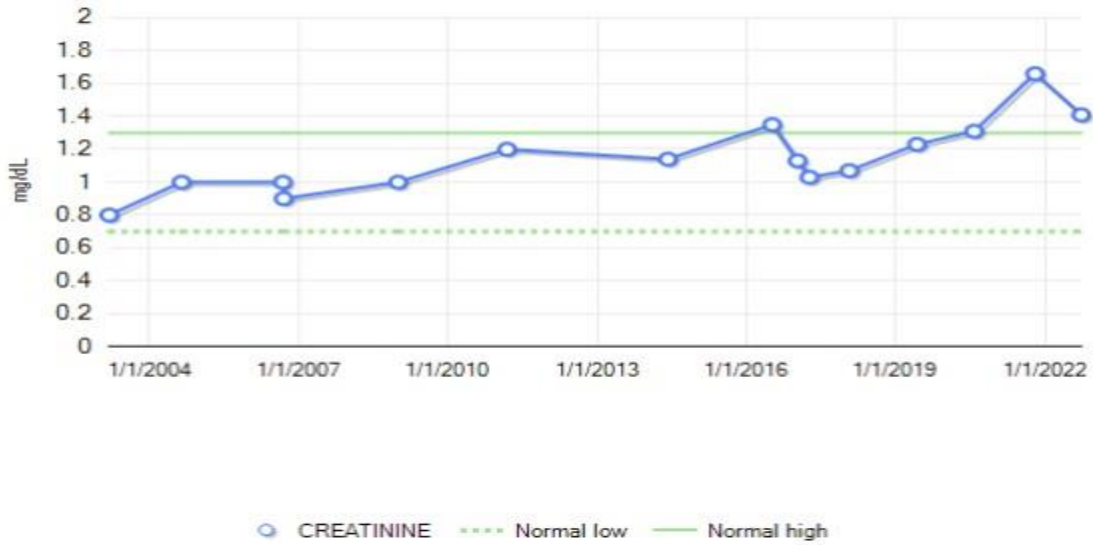
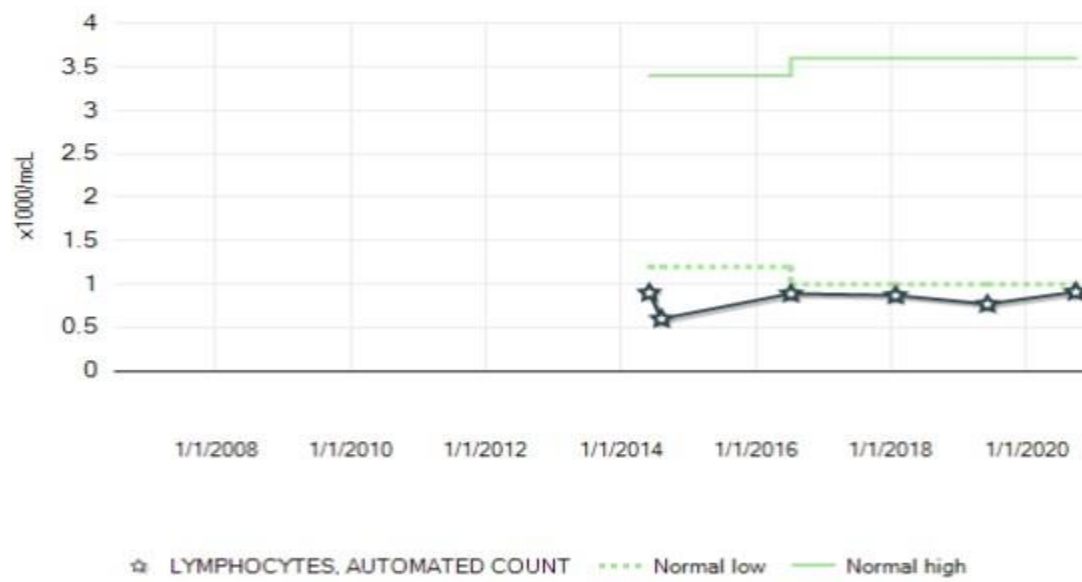
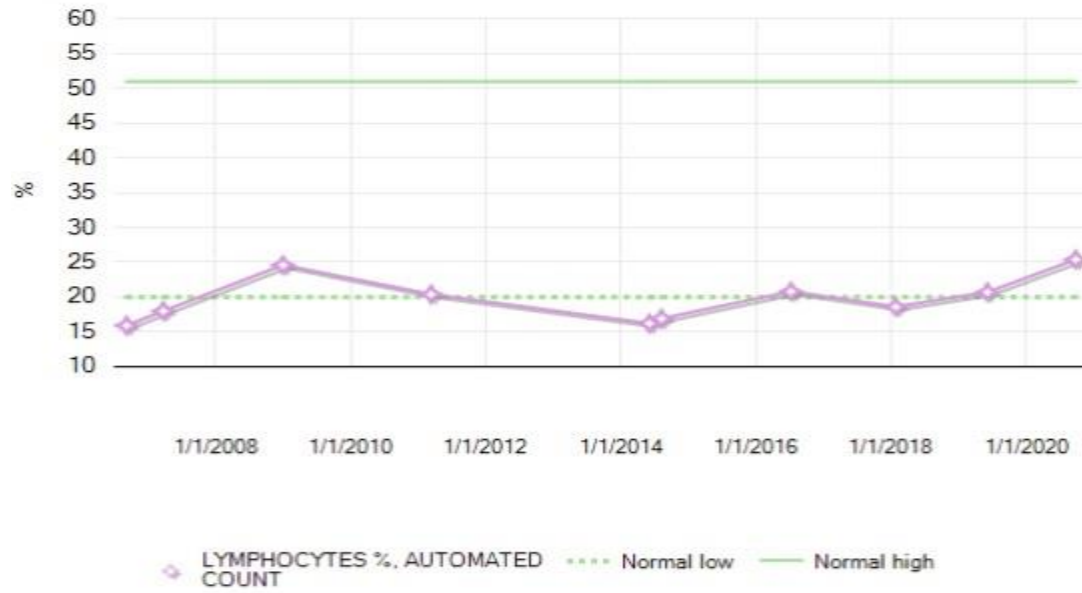


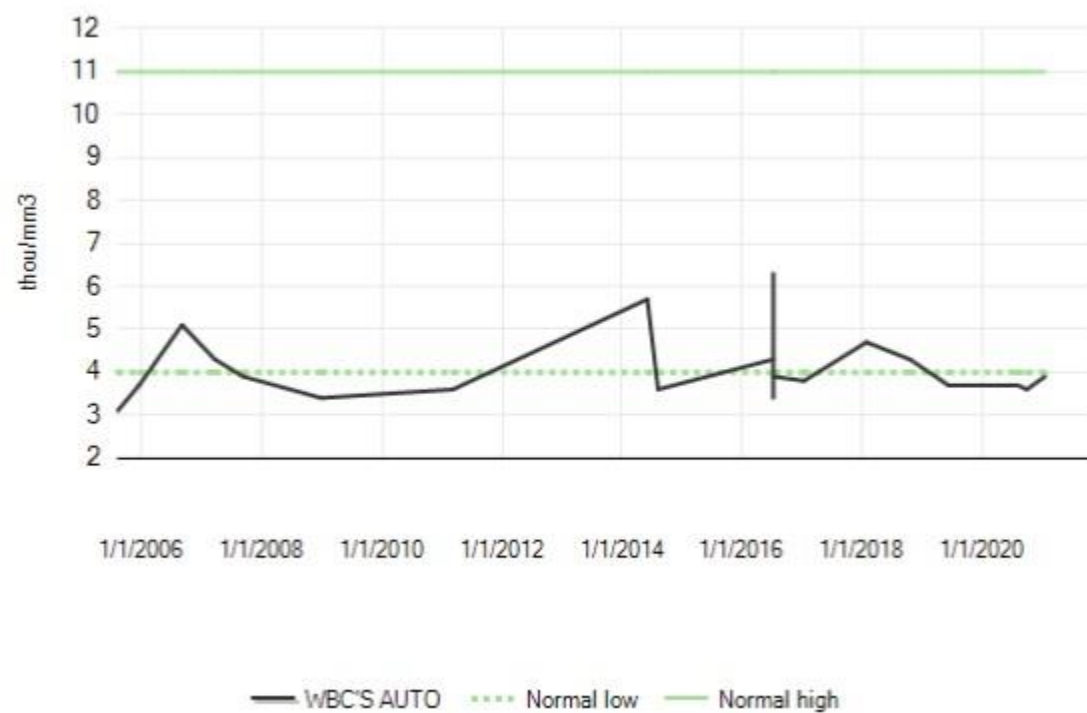
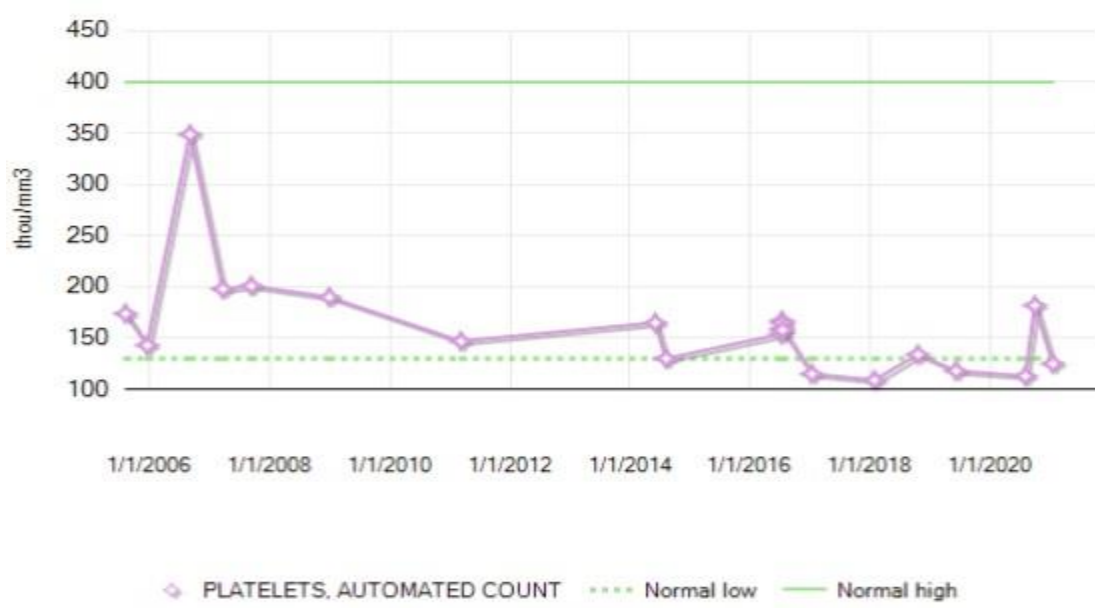
Selected Historical Plots – February 2023

Note that I was taking creatine in 2016, then stopped for a while when the upper bound was exceeded, then resumed a year or two ago.



Not all observations listed below, the last one was actually 14% (manual, not automated).





Throwing in the ferritin plot just because I find it amusing.

