

Spruce MD
1000 Laurens Rd
Greenville, SC 29607

Telephone: 864-979-2441

Sex: Male
Ethnicity: White

Height: 74.0 in
Weight: 206.1 lb
Age: 63

Referring Physician: Mary Brittain Blankenship

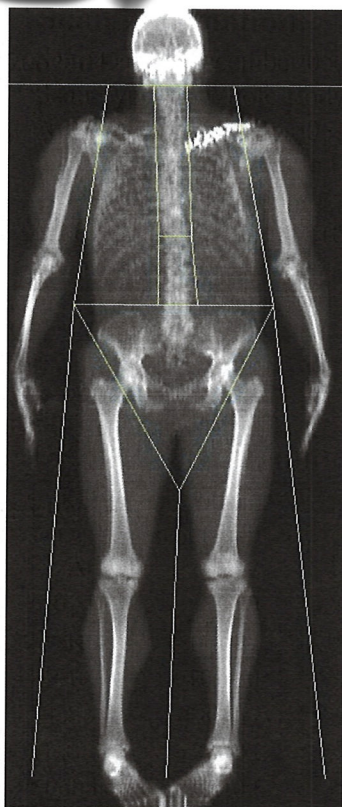


Image not for diagnostic use
k = 1.172, d0 = 44.8
318 x 150

Scan Information:

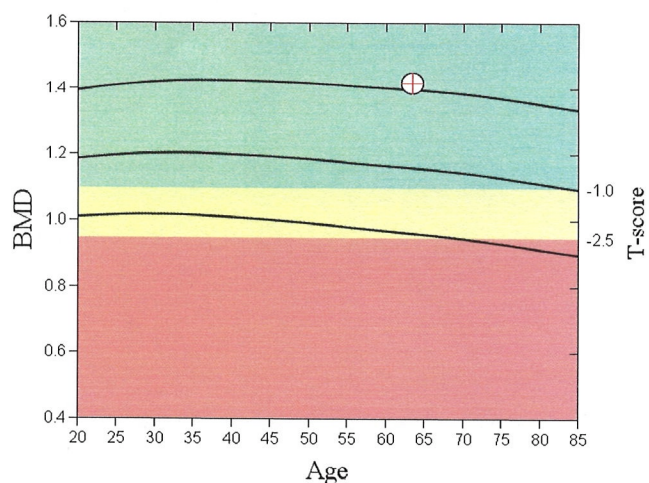
Scan Date: December 05, 2025 ID: A12052504
Scan Type: a Whole Body
Analysis: December 05, 2025 11:48 Version 13.6.1.3:5
Auto Whole Body
Operator: MG
Model: Horizon Wi (S/N 308691M)
Comment:

DXA Results Summary:

Region	Area (cm ²)	BMC (g)	BMD (g/cm ²)	T - score	Z - score
L Arm	247.02	288.50	1.168		
R Arm	252.09	292.67	1.161		
L Ribs	117.07	195.80	1.672		
R Ribs	103.80	77.12	0.743		
T Spine	186.53	230.83	1.237		
L Spine	78.83	98.44	1.249		
Pelvis	279.02	357.79	1.282		
L Leg	480.38	664.48	1.383		
R Leg	473.75	643.65	1.359		
Subtotal	2218.49	2849.28	1.284		
Head	234.53	624.91	2.664		
Total	2453.02	3474.18	1.416	2.0	2.1

Total BMD CV 1.0%, ACF = 1.029, BCF = 1.005

Total



Comment:

T-score vs. White Male. Source:2012 BMDCS/NHANES. Z-score vs. White Male. Source:2012 BMDCS/NHANES.

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1000 Laurens Rd
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Telephone: 864-979-2441

Name: Lavelle, Joe
Patient ID:
DOB: June 15, 1962

Sex: Male
Ethnicity: White

Height: 74.0 in
Weight: 206.1 lb
Age: 63

Referring Physician: Mary Brittain Blankenship

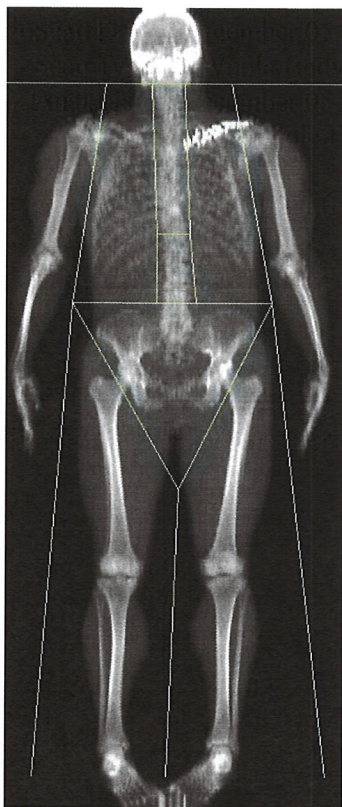
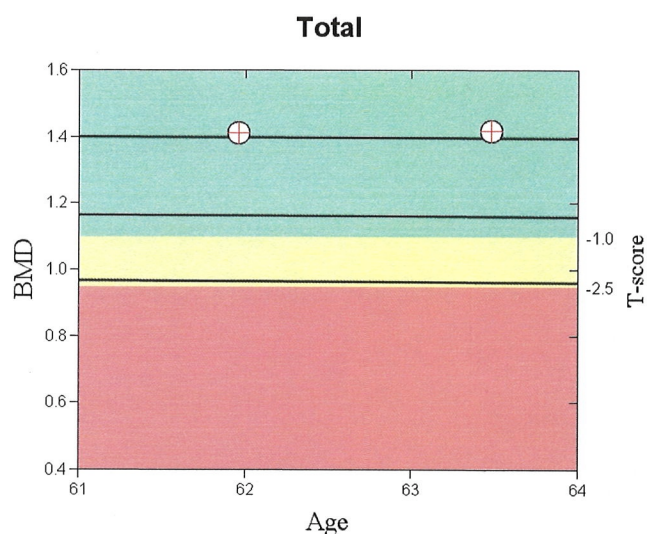


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318 x 150

Scan Information:

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Auto Whole Body
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Comment:



T-score vs. White Male. Source:2012 BMDCS/NHANES. Z-score vs. White Male.
Source:2012 BMDCS/NHANES.

DXA Results Summary:

Scan Date	Age	BMD (g/cm ²)	T - score	BMD Change (g/cm ²) vs Baseline	BMD Change (g/cm ²) vs Previous
12/05/2025	63	1.416	2.0	0.005 (0.4%)	0.005 (0.4%)
05/30/2024	61	1.411	2.0		

* Denotes significance at 95% confidence level, LSC is 0.014 g/cm²

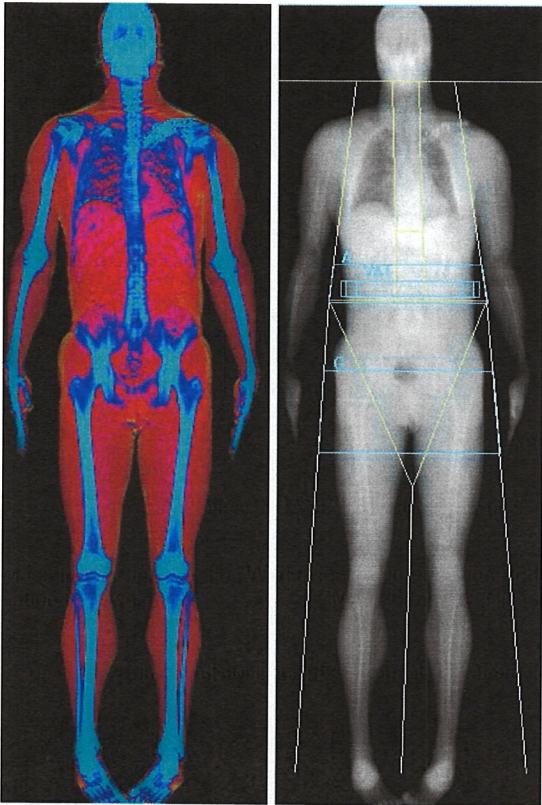
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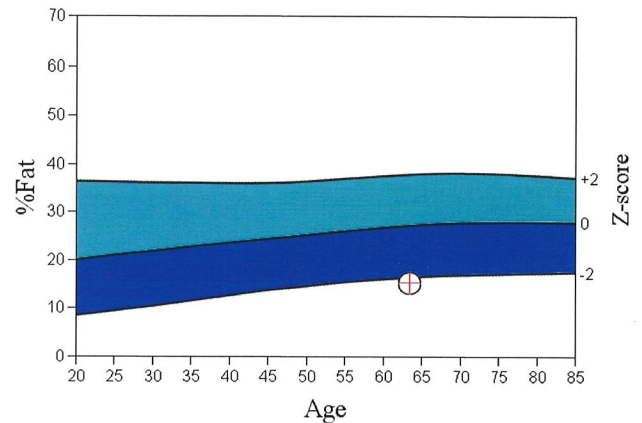
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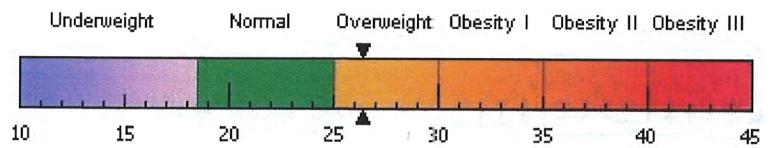


Total Body % Fat



Source: NHANES Classic White Male.

World Health Organization Body Mass Index Classification
BMI = 26.5 WHO Classification Overweight



BMI has some limitations and an actual diagnosis of overweight or obesity should be made by a health professional. Obesity is associated with heart disease, certain types of cancer, type 2 diabetes, and other health risks. The higher a person's BMI is above 25, the greater their weight-related health risks.

Body Composition Results

Region	Fat Mass (lb)	Lean + BMC (lb)	Total Mass (lb)	% Fat	%Fat Percentile YN	AM
L Arm	2.46	12.19	14.65	16.8	44	8
R Arm	2.13	11.77	13.90	15.3	32	4
Trunk	15.39	84.34	99.73	15.4	25	3
L Leg	4.41	28.07	32.48	13.6	9	1
R Leg	4.60	28.52	33.11	13.9	9	2
Subtotal	28.99	164.88	193.87	15.0	19	2
Head	2.45	8.76	11.22	21.9		
Total	31.44	173.64	205.08	15.3	19	2
Android (A)	2.55	12.53	15.07	16.9		
Gynoid (G)	5.07	25.00	30.07	16.9		

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Adipose Indices

Measure	Result	Percentile YN	AM
Total Body % Fat	15.3	19	2
Fat Mass/Height ² (kg/m ²)	4.04	28	5
Android/Gynoid Ratio	1.00		
% Fat Trunk/% Fat Legs	1.12	87	44
Trunk/Limb Fat Mass Ratio	1.13	75	19
Est. VAT Mass (g)	432		
Est. VAT Volume (cm ³)	467		
Est. VAT Area (cm ²)	89.6		

Lean Indices

Measure	Result	Percentile YN	AM
Lean/Height ² (kg/m ²)	21.3	73	70
Appen. Lean/Height ² (kg/m ²)	9.81	72	82

Est. VAT = Estimated Visceral Adipose Tissue
YN = Young Normal
AM = Age Matched

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Comment:

DXA Results Summary:

Region	BMC (g)	Fat Mass (g)	Lean Mass (g)	Lean + BMC (g)	Total Mass (g)	% Fat
L Arm	288.50	1117.6	5240.1	5528.6	6646.2	16.8
R Arm	292.67	965.7	5044.9	5337.6	6303.3	15.3
Trunk	959.97	6981.6	37295.0	38255.0	45236.6	15.4
L Leg	664.48	1998.8	12067.5	12732.0	14730.8	13.6
R Leg	643.65	2084.3	12291.8	12935.4	15019.7	13.9
Subtotal	2849.28	13147.9	71939.4	74788.6	87936.6	15.0
Head	624.91	1112.9	3349.8	3974.7	5087.7	21.9
Total	3474.18	14260.9	75289.2	78763.4	93024.2	15.3

TBAR1209

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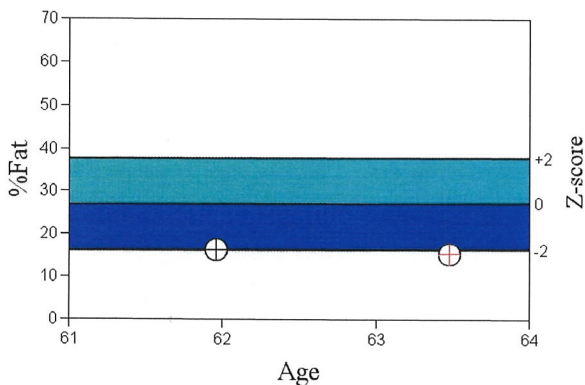
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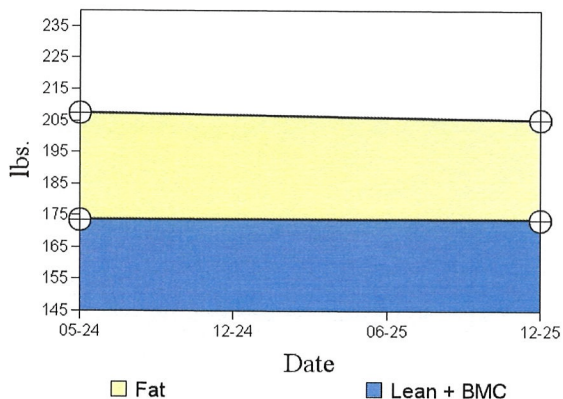
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Total Body % Fat



Source: NHANES Classic White Male.

Compartmental Trending



Total Body % Fat Results

Scan Date	Age	%Fat (%)	Percentile		Change vs	
			YN	AM	Baseline	Previous
12/05/2025	63	15.3	19	2	-1.0	-1.0
05/30/2024	61	16.3	24	3		

Total Fat Mass Results

Scan Date	Age	Fat Mass (lb)	Change/Month vs		Change vs	
			Baseline	Previous	Baseline	Previous
12/05/2025	63	31.44	-0.13	-0.13	-2.32	-2.32
05/30/2024	61	33.76				

Total Lean Mass Results

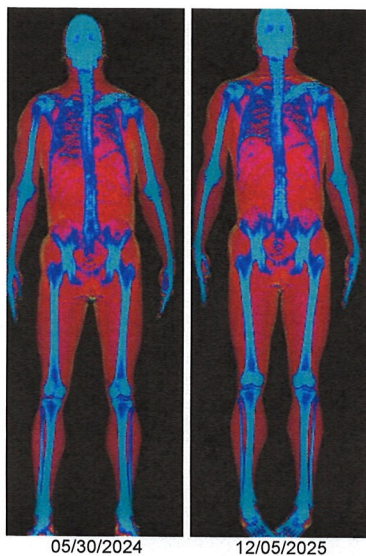
Scan Date	Age	Lean (lb)	Change/Month vs		Change vs	
			Baseline	Previous	Baseline	Previous
12/05/2025	63	165.98	-0.00	-0.00	-0.05	-0.05
05/30/2024	61	166.03				

Total Mass Results

Scan Date	Age	Mass (lb)	Change/Month vs		Change vs	
			Baseline	Previous	Baseline	Previous
12/05/2025	63	205.08	-0.13	-0.13	-2.28	-2.28
05/30/2024	61	207.36				

YN = Young Normal

AM = Age Matched



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